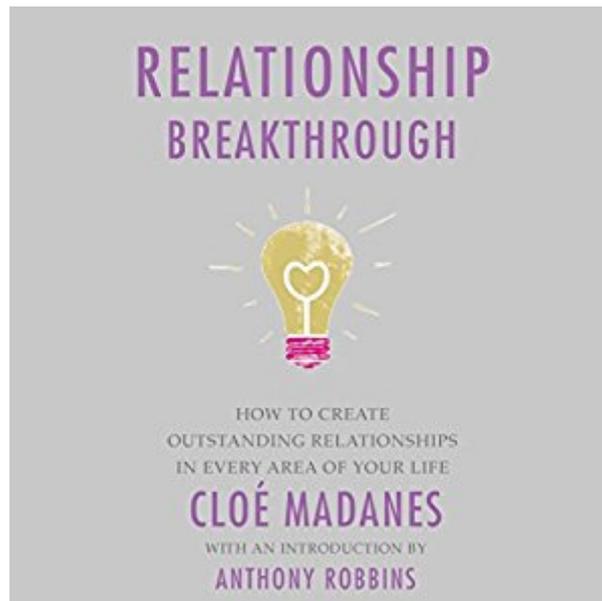


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# Relationship Breakthrough: How To Create Outstanding Relationships In Every Area Of Your Life



## Synopsis

Everyone faces the challenges of making relationships work. Whether with spouses, family members, friends, lovers, or colleagues, relationships have the power to make one feel happy, frustrated, or miserable. In *Relationship Breakthrough*, Cloe Madanes - an expert in creating healing, empowering relationships - gives listeners vital tools to transform their relationships and their lives. Madanes's cutting-edge methods produce real results and create rewarding, sustainable relationships. Using simple, step-by-step exercises and drawing on the examples of clients who have benefited from this technique, *Relationship Breakthrough* teaches listeners how to: Overcome life's inevitable losses Resolve long-standing family conflicts Synchronize their needs with those of others Create outstanding relationships in every area of their lives This is the only book that ties the guiding principles of Tony Robbins's work with Cloe Madanes's revolutionary approach to relationship therapy. Our connections with the people in our lives have the capacity to bring us great joy, if only we understood the fundamental needs we all have, but sometimes express differently. Drawing on her trademark wisdom, empathy, and extensive clinical experience, Madanes shows listeners how to better understand their own needs and those of others, bringing clarity and insight into any relationship.

## Book Information

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## Customer Reviews

I purchased this book for my husband. He studies it seriously. He has turned into the kindest, most loving, compassionate, passionate, trusting and trustworthy man that I have ever known - beyond

anything that I would have imagined. We are enjoying the most loving relationship of our lives. I am studying the Robbins-Madanés Training course online which is excellent, though costly. Currently about 10 training videos can be seen for free - check [...]Cloe Madanés is an outstanding clinician and author, extremely kind and realistic.

This is not your typical "relationship tips" kind of book. This book goes into the psychology of human behavior. As a founder of Human Needs Psychology with Tony Robbins, Chloe Madanés has an insight and practice that invokes change in people. If you're looking for some quick tips, this book will be too heavy for you at times. But there is a system at play in this book that spells out why we do the things we do, the steps to enact change, and a process to put change into practice. While it might be too heavy for the lay person, it's great for coaches and those looking to help others with their relationships. This is a book sorely needed for the times. It emphasizes personal responsibility and that we take action, not objects being acted upon. In a society where so many want to be victims and live in a world where things "should" be different, this book teaches us to take responsibility for our lives and make do with where we are with what we have.

I was recently certified as a life coach with Cloe Madanés and Anthony Robbins (Madanés Robbins Corporation). She has an amazing understanding of why Anthony Robbins' work really does work. Here she goes far deeper than many books on relationships that talk about better communication. She talks about the 4 levels of relationships; 6 human needs; masculine and feminine energy; polarity and passion. She also discusses much more all based upon interventions made by Tony Robbins. You do not have to have his work to understand this book. It is filled with exciting research in psychology including very interesting tests on human behavior. More than that it is shared with a heart to help people. Believe me I know, I have listened to hours and hours of her passion and heart while getting certified! Very interesting and very helpful in understanding why your relationship does or does not work; and what to do to make it work.

Everyone should read this book. It's insight can give anyone information to live a better life. Truly great examples of why we are the way we are. I'd love to give a copy to all of my friends and family!

I was searching for Anthony Robbins and this work appeared in the list of his works because he wrote the intro. Unfortunately, I just saw a good title, thought it was Robbin's work, and

clicked. Discovering that it wasn't Robbin's work didn't keep me from considering it enthusiastically, but once I started it, it wasn't for me. The recording--though it may be a style many appreciate--was monotone and slow. The material, again for my purposes, was not compelling or new (i.e. relationships require work and there are no "perfect" relationships.) The material may be just what you're looking for...but if you are considering it because you think it will be a similar, upbeat, full of passion presentation (along the lines of Robbin's work), just know that it's not that.

As a student of Robbins-Madanes Training, the official Coach Training School of Anthony Robbins, I'm thrilled to review this book. The principles are life-changing no matter what your relationship looks like right now. YOU can change your relationships, whether with a significant other, your children, your family members, your colleagues, your friends, or even acquaintances! The powerful strategies of deep understanding of how we relate to each other and what we need to know to create and sustain amazing relationships are all in here. Couldn't recommend more highly (I'd have given 10 stars if it were possible!)

This book not only used Erikson's research but then applied it to real life scenarios. I really liked how the book overviews the principals then guides the reader in the application. I learned about the hierarchy of needs in college. Now it makes sense. Non-judgmental.

Interesting book. Definitely better than most in this category that are usually super boring and not ACTIONABLE. I definitely recommend you grab a copy and keep it on your bookshelf to grab, both as a spouse/parent and definitely if you're a clinician or clergy.

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