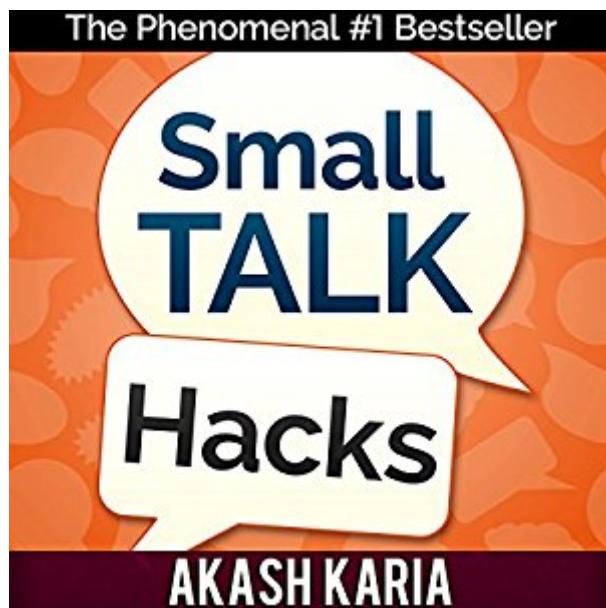


The book was found

Small Talk Hacks: The People And Communication Skills You Need To Talk To Anyone & Be Instantly Likeable



Synopsis

Do you ever feel intimidated or out of place in social situations? Do you want to learn how to master the fine art of small talk? Do you want to develop a magnetic personality? If you answered yes to any of these questions, then this book was designed for you. Based on intensive scientific research, you will discover: 1 - Five foolproof techniques for creating a stellar first impression. How quickly do you make judgments about people? We'd like to think that we don't judge people until we get to know them. But the truth is it only takes a 10th of a second to make an accurate judgment about someone you meet or see. 2 - What your non-verbals are saying about you. How you hold yourself says a lot about how you feel, even though this may be an unconscious message. What is your body language saying about you? Find out inside.... 3 - Seven tools to break through fear and break the ice. One of the hardest parts of getting to know someone new is that crucial moment when you have to break the ice. It can be incredibly difficult to walk up to a total stranger and get acquainted. The seven tools you pick up in chapter two will help you smash through your approach anxiety and start a fun and engaging conversation. 4 - Six strategies to seal a memorable verbal impression in 30 seconds. Your nonverbal cues can definitely make an instant first impression, but what you say also has the power to do so. So how do you make sure that you give a great first impression in the first 30 seconds of meeting someone new? 5 - How to make your personality shine. No matter what your personality, you can become someone with a shining personality that attracts others to it. You may not think of yourself as very charismatic. But don't let those feelings of inadequacy get in the way of making your personality shine.

Book Information

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Customer Reviews

Full disclosure: I was given a free copy of this book for evaluation purposes. The sentiments in this review are my own, however. If I didn't like the book, I would not say I did. I am a big fan of Akash's. If you buy Akash's books, you should not expect deep, scholarly coverage of the subject matter. I have a bunch of those types of books, and they are seldom practical for the average person (like me) who just wants to apply the subject in my own life. Don't expect a comprehensive coverage of the art of small talk, along with endnote references to small talk-related peer-reviewed journals.

Most authors of bad reviews of Akash's books seem to expect exactly that kind of book. What Akash writes are quick guides for those of us who want to learn how to quickly better ourselves in various areas - public speaking, book authoring, presentations, and now small talk - but we don't want to spend months reading a book. He does this wonderfully. He provides brief summaries of the different subject areas. My two favorite things are the book are:^{*} He provides brief "try this" paragraphs at the end of each section. These provide simple, easily done exercises that lead you to some particular area. For example, he has a "try this" that says "If you struggle with making eye contact when you meet someone new, try turning it into a little game. Challenge yourself to pay attention to their eye color." This was an excellent hint that actually works!^{*} He comes right out and says he's also an introvert and struggles with small talk. You don't get the impression that he's some great small talker; you get the feeling that he's just like us, and these tips and tricks are exactly what's helped him.

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