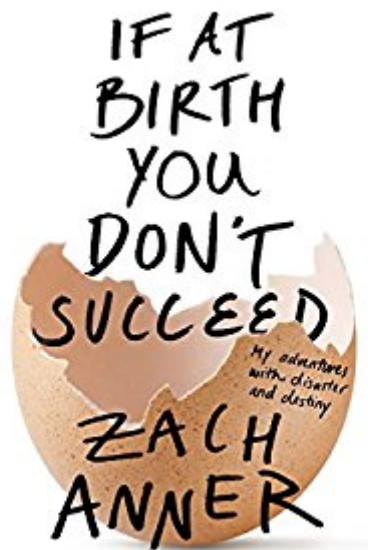


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# If At Birth You Don't Succeed: My Adventures With Disaster And Destiny



## Synopsis

Comedian Zach Anner opens his frank and devilishly funny book, *If at Birth You Don't Succeed*, with an admission: He botched his own birth. Two months early, underweight and underprepared for life, he entered the world with cerebral palsy and an uncertain future. So how did this hairless mole rat of a boy blossom into a viral Internet sensation who's hosted two travel shows, impressed Oprah, driven the Mars Rover, and inspired a John Mayer song? (It wasn't "Your Body is a Wonderland".) Zach lives by the mantra: When life gives you a wheelchair, make lemonade. Whether recounting a valiant childhood attempt to woo Cindy Crawford, encounters with zealous faith healers, or the time he crapped his pants mere feet from Dr. Phil, Zach shares his fumbles with unflinching honesty and characteristic charm. By his 30th birthday, Zach had grown into an adult with a career in entertainment, millions of fans, a loving family, and friends who would literally carry him up mountains. *If at Birth You Don't Succeed* is a hilariously irreverent and heartfelt memoir about finding your passion and your path even when it's paved with epic misadventure. This is the unlikely but not unlucky story of a man who couldn't safely open a bag of Skittles but still became a fitness guru with fans around the world. You'll laugh, you'll cry, you'll fall in love with the Olive Garden all over again and learn why cerebral palsy is, definitively, "the sexiest of the palsies".

## Book Information

Audible Audio Edition

Listening Length: 10 hours and 16 minutes

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Version: Unabridged

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Whispersync for Voice: Ready

Language: English

ASIN: B0161YRMZO

Best Sellers Rank: #85 in Books > Audible Audiobooks > Humor #182 in Books > Audible Audiobooks > Biographies & Memoirs > Personal Memoirs #725 in Books > Humor & Entertainment > Humor

## Customer Reviews

I spent my entire day listening to the unabridged audio book. I waited months for the book, and I went and finished it in a day. I have never liked biographies, but this one was riveting. I laughed out

loud, almost cried a few times, and even learned a few things (about Anner, disabilities and the entertainment industry). He writes in a unique, articulate and hilarious manner. The book was well organized and I loved his reading of the audio book. He had such emotion to it, it should be his full time job. I'm going to re-read/listen and think back on the biography when I need a laugh or when I need to stop being cruel to myself. The only thing that bothered me was the emotional whiplash. You would be laughing and sad would hit you in the face like a vengeful seagull (or vice versa). If you have an absurd sense of humor, love Zach Anner, like being inspired, or need some empathy muscles for yourself and other human beings, get this book. Now.

I just finished listening to the audiobook on Audible. I'm buying a hard copy of the book simply to put on my bookshelf in the living room so that I might occasionally be reminded of the lessons contained within. Many memoirs simply tell stories about the author. What elevates this memoir, in my mind, far above others is that each and every story has a powerful lesson. Not only this, but it is incredibly entertaining. It is the only audiobook I've listened to that has made me actually laugh out loud on my way to/from work. I cannot recommend this enough. To Zach Anner - I found this book to be incredibly uplifting in an incredibly difficult time in my life. We all have our trials and tribulations, but the sharing of your stories has helped me greatly to get through. You've reminded me how to look on the bright side, and to see what can be learned from my mistakes. If you ever wonder if your work has ever made a difference in someone's life, the answer is most definitely yes. Thank you, sincerely, for writing this book.

I'm having a great experience reading this book. Because I have watched a vast number of videos of Zach's, it is his voice I hear in my head with each word I read. The new media of YouTube enhances the enjoyment of the old media. Thanks Zach for unleashing this ride for us to enjoy.

An emotional roller coaster (sometimes quite literally), that is at times hysterical and at other times emotional but always brutally honest. It provides insight to not only his life but of how people react to his disability. It is a story of extraordinary friendship mixed with an anything is possible attitude.

While Youtube's recommended video algorithm is often repetitive (and sometimes downright wrong) it did lead me to finding Zach Anner, and for that I'll be grateful. I've watched almost all his videos and have enjoyed his numerous series--my favorite is *Workout Wednesday* and there's so much irony behind that choice that I'll just stop there. With a blend of humor and inspiration Zach imbues

his 5 minute or less videos with irresistible charm, and I was hoping his book would accurately reflect his "voice". I'm happy to say that it does. You might be wondering what you have in common with a thirty year old guy who has "the sexiest of the palsies" but if you're a \_\_\_\_\_ year old who is \_\_\_\_\_ and does \_\_\_\_\_ then you can relate to Zach. Especially if you put the words "human being" in that second blank. A fun and poignant read about a man who not only lives life to the fullest, he's also a fan of unlimited breadsticks at Olive Garden. What's not to love? Highly recommended for rainy and sunny days while drinking the beverage of your choice.

If at Birth You Don't Succeed: My Adventures with Disaster and Destiny by Zach Anner is a funny, emotional, witty, inspiring book filled with unflinchingly honest wisdom. He covers his life's endeavors, internet sensations, Oprah TV series, his friendships, his family, his daily life, school, random thoughts, and more. I did a lot of soul searching and I did a lot of laughing while reading this book. Warning, have an empty bladder, giggles can happen at unexpected times! Loved this book! Fabulous writer, he knows how to be witty and touch your very soul at the same time. Great heart, great reading, wonderful!

Amazing book. I read lots of reviews before purchasing. Seemed that it was a like it, or didn't, with no middle ground. We all relate to books differently, based on our experiences and perceptions. As for me, I have CP. I am 55 years old, married for almost 32 years. Time does fly. I have been blessed with 4 kids, 4 grandkids so far. I feel qualified to say that Zach Anner made his life an open book. I admire his strength and determination to live life to the fullest, and doing it with humor, candor, and enjoying his life to the fullest. He happens to have CP. Like me, I am sure he doesn't want that to define him.

Hilarious, honest, and inspirational! I was introduced to Zach's amazing personality and comedy through his first appearance on Rooster Teeth's game show, On The Spot. Ever since that moment, I've looked forward to seeing him in more videos! His outlook on life is infectious and you can't help but smile at his positive attitude about his disability, something we need more of in the world. He catches you off guard with his humor and that holds true in the book. He proves that no matter what you're facing in life, you can come out on top and really live life to the fullest!

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